

Tomato and Black Bean Salsa

Ingredients	
1 can	Black Beans (approximately 15 oz)
1 1/2 cups	Corn (Canned, Fresh, or Frozen)
4 medium	Tomatoes, diced
1 bunch	Green onions, sliced
2 large	Avocados, diced
4 Tablespoons	Daregal Fresh Frozen Chopped Cilantro
1 1/2 teaspoons	Kosher salt
1/4 cup	Lemon juice

1. If black beans and/or corn are canned with a lot of fluid, drain most of the fluid off before placing in a large mixing bowl.
2. Add tomatoes and sliced green onions.
3. Dice avocados and then sprinkle with 1/2 teaspoon Kosher salt. Transfer to mixing bowl.
4. Sprinkle Daregal Fresh Frozen Chopped Cilantro and remaining teaspoon of Kosher salt over ingredients in mixing bowl.
5. Add lemon juice and mix thoroughly.

Notes:

Cover and refrigerate for about an hour prior to serving.

Serve with tortilla or pita chips.

Enjoy!